

presented by



Wednesday, 3 October 2018 in Hermanus

6km @ 18h30 - The Marine Hotel to Grotto Beach

10km @ 19h00 - New Harbour to Grotto Beach



Online registration: www.entrytime.com - 6km (R70) and 10km (R130)

Online registration closes Monday, 1 October 2018

Late registration: 17h00 at The Marine Hotel & Hermanus New Harbour - 6km (R80) and 10km (R150).



For more information contact www.hermanusadventures.co.za (limited to 250 runners)