

Distance	Overall Pos	Category	Cat Pos	RaceNumber	First Name	Surname	RaceTime
10km	1	Men	1	328	Jonathan	Black	00:51:45
10km	2	Men	2	311	Ignatious	Matema	00:52:40
10km	3	Men	3	336	Kannas	Wiid	00:55:58
10km	4	Men	4	296	Marthinus	Rademeyer	00:56:25
10km	5	Men	5	268	Raymond	Nowers	00:57:10
10km	6	Women	1	308	Malana	Uys	00:57:59
10km	7	Men	6	356	Andrew	Milner	01:01:56
10km	8	Women	2	312	Charle	Maritz	01:03:50
10km	9	Men	7	313	Johan	Maritz	01:03:52
10km	10	Men	8	297	Reg	Griessel	01:04:28
10km	11	Men	9	303	James	Claassen	01:06:30
10km	12	Women	3	315	Adriana	Van der Linde	01:06:35
10km	13	Men	10	267	Mohamed	Mansura	01:06:38
10km	14	Men	11	259	Ramsay	Daly	01:06:59
10km	15	Women	4	270	Aliza	Pienaar	01:07:02
10km	16	Men	12	343	Francois	Janse van Rensburg	01:07:35
10km	17	Men	13	287	Ewan	Venter	01:07:37
10km	18	Men	14	305	Luke	Taylor	01:08:20
10km	19	Men	15	345	Mike	Ratcliffe	01:08:45
10km	20	Women	5	334	Elsa	Hoogenhout	01:08:59
10km	21	Men	16	335	Bernhard	Vogts	01:09:00
10km	22	Men	17	305	Luke	Taylor	01:09:03
10km	23	Women	6	263	Andrea	Joubert	01:09:11
10km	24	Men	18	264	Riaan	Joubert	01:09:13
10km	25	Women	7	302	Madeleine	Le Feuvre	01:09:36
10km	26	Women	8	256	Mish-Al	Barday	01:10:11
10km	27	Men	19	258	Raees	Dalvie	01:10:12
10km	28	Men	20	306	Allan	Taylor	01:11:11
10km	29	Men	21	260	Alun	Darwood	01:11:24
10km	30	Men	22	317	Philip	Jooste	01:11:36
10km	31	Men	23	319	George	Taylor	01:11:37
10km	32	Men	24	324	Nelis	Venter	01:11:52
10km	33	Men	25	325	Martin	Venter	01:11:54
10km	34	Men	26	326	Ruben	Venter	01:11:58
10km	35	Men	27	257	Dean	Botha	01:12:30
10km	36	Men	28	342	Gerhard	De Kock	01:13:27
10km	37	Women	9	353	Riekie	Human	01:13:33
10km	38	Women	10	2	Lindie	de Bruin	01:13:55
10km	39	Women	11	314	Jacqueline	Harris	01:14:01
10km	40	Women	12	354	Bianca	Templeton	01:14:04
10km	41	Women	13	289	Rina	Parker	01:14:09
10km	42	Women	14	323	Gaby	Venter	01:14:30
10km	43	Women	15	340	Antoinette	Oosthuizen	01:14:33
10km	44	Men	29	341	Christiaan	Schutte	01:14:35
10km	45	Men	30	348	Coby	Ludick	01:15:04
10km	46	Men	31	344	Willem	Cloete	01:15:28
10km	47	Women	16	347	Catherine-Anne	Lowings	01:16:11
10km	48	Women	17	357	Suzie	Matthews	01:16:31
10km	49	Women	18	349	Mia	Mostert	01:16:33
10km	50	Women	19	321	Solly	Matusik	01:16:35

10km	51	Men	32	346	Romano	Bootha	01:21:05
10km	52	Men	33	327	Michael	Black	01:21:07
10km	53	Men	34	277	Matthew Delarey	van Niekerk	01:21:09
10km	54	Women	20	266	Kristi	Kuhlmey	01:21:11
10km	55	Men	35	271	Thaabiet	Salaam	01:21:13
10km	56	Women	21	330	Penny	Dare	01:21:24
10km	57	Women	22	329	Vanessa	Gebers	01:21:28
10km	58	Women	23	322	Mathilda	Venter	01:21:30
10km	59	Men	36	255	Gerrit	Avenant	01:21:32
10km	60	Women	24	351	Linda	Bellas	01:21:43
10km	61	Men	37	332	Philip	Nieman	01:22:00
10km	62	Women	25	355	Melany	Vaughan	01:22:06
10km	63	Women	26	337	Stephanie	Betts	01:22:20
10km	64	Men	38	253	Mohamed Saleem	Abbas	01:22:25
10km	65	Women	27	307	Bettina	Taylor	01:22:33
10km	66	Women	28	350	Tracy	Van Heerden	01:23:18
10km	67	Women	29	262	Kelly	Graham	01:23:33
10km	68	Women	30	320	Carina	Taylor	01:23:57
10km	69	Men	39	316	Ian	Martincich	01:24:18
10km	70	Women	31	338	Suzaan	Carinus	01:24:25
10km	71	Men	40	352	Albert	Klopper	01:25:11
10km	72	Women	32	274	Justine	Stafford	01:30:37
10km	73	Women	33	310	Sharon	Booyesen	01:30:55
10km	74	Women	34	331	Ankia	Niemann	01:31:01
10km	75	Men	41	339	Hugo	Carinus	01:31:33
10km	76	Women	35	333	Izette	Carinus	01:31:36
10km	77	Men	42	301	Johannes	Neethling	01:32:37
10km	78	Women	36	291	Meaghen	McCord	01:34:17
10km	79	Men	43	298	Sander	Kampman	01:35:17
10km	80	Women	37	300	Melissa	Dietstein	01:35:28
10km	81	Women	38	265	Wilma	Kampman	01:36:27
10km	82	Women	39	272	Karla	Schoeman	01:38:31
10km	83	Women	40	309	Carla	McPherson	01:40:40
10km	84	Women	41	290	Evelyn	Visser	01:40:58
10km	85	Men	44	267	Mohamed	Mansura	01:43:59
10km	86	Men	45	275	Geoffrey	Townsend	01:44:02
10km	87	Women	42	292	Yolandi	Bruwer	01:45:16
10km	88	Men	46	293	Keith	Williams	01:45:50
10km	89	Women	43	294	Rachel	Williams	01:48:54
10km	90	Women	44	318	Anina	Jooste	01:53:53
10km	91	Women	45	299	Anzel	Nel	02:22:13

Distance	Overall Pos	Category	Cat Pos	RaceNumber	First Name	Surname	RaceTime
18km	1	Men	1	26	Chad	Gordon	01:22:13
18km	2	Men	2	32	Alfred	Tshabeni	01:24:41
18km	3	Men	3	3	Francois	de Plessis	01:24:45
18km	4	Men	4	33	Khali	Mkhohlakali	01:24:50
18km	5	Men	5	42	Sean	Privett	01:25:13
18km	6	Men	6	29	Peter	Rudhuka	01:29:30
18km	7	Men	7	27	Dale	Rynhoud	01:34:03
18km	8	Men	8	28	Franz-Erich	Streicher	01:38:53

18km	9	Men	9	34	Dolph	Du Plessis	01:44:36
18km	10	Men	10	38	Zandre	Raath	01:45:37
18km	11	Men	11	48	Loudi	Vorster	01:47:32
18km	12	Men	12	39	Dougje	Engelke	01:48:44
18km	13	Women	1	31	Maryna	Bingle	01:50:29
18km	14	Men	13	19	Ettiene	Malan	01:52:28
18km	15	Men	14	25	William	Snyders	01:52:38
18km	16	Men	15	43	Gordon	Newton Johnson	01:56:22
18km	17	Men	16	1	Daniel	Botha	01:56:47
18km	18	Men	17	47	Nico	Loubser	01:59:41
18km	19	Men	18	19	Ettiene	Malan	02:00:39
18km	20	Men	19	23	Clifford	Blake	02:02:13
18km	21	Men	20	4	Malcolm	Dwyer	02:03:14
18km	22	Men	21	6	Dirk	Louw	02:03:33
18km	23	Men	22	7	Andrew	Milne	02:03:34
18km	24	Men	23	21	Jaco	Crafford	02:04:04
18km	25	Men	24	40	Shaun	Starck	02:07:44
18km	26	Women	2	37	Marilize	Raath	02:09:16
18km	27	Women	3	30	Valerie	van Deventer	02:14:00
18km	28	Women	4	22	Sanet	Visser	02:17:39
18km	29	Men	25	5	Zaheer	Hoosain	02:17:42
18km	30	Women	5	10	Paula	Mosdell	02:18:01
18km	31	Women	6	41	Tamsyn	Simon	02:18:18
18km	32	Women	7	24	Mariet	Smal	02:25:04
18km	33	Men	26	43	Gordon	Newton Johnson	02:26:58
18km	34	Women	8	45	Geneuve	Lake	02:27:15
18km	35	Women	9	53	Martha	Du Plessis	02:27:53
18km	36	Men	27	20	Jannie	Nel	02:35:36
18km	37	Women	10	44	Bernadette	Nortier	02:35:41
18km	38	Men	28	8	Jason	Minnaar	02:50:16
18km	39	Women	11	9	Tania	Minnaar	02:54:44
18km	40	Men	29	12	Jason	Page	02:54:45
18km	41	Women	12	35	Roelien	Lourens	02:57:12
18km	42	Men	30	36	Paul	Kleyn	02:57:13